



Silsoe V.C. Lower School, Chestnut Avenue, Silsoe, Bedfordshire, MK45 4GP

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Tuesday 23rd May 2023

Dear Year 3 Parents/Carers,

Sports Week is here again!

Starting on Monday 3rd July every child within school will take part in numerous sports based and physical activities in a celebration of sport and as a promotion of the mental and physical benefits of physical activity.

Please see below for information on which activities your child's year group will be taking part in.

Parent and carers are invited to view and join in with the activities where indicated. There are three opportunities for parents/carers to join the activities but please do not feel obliged to attend them all.

	Monday 3 rd	Tuesday 4 th	Wednesday 5 th	Thursday 6 th	Friday 7 th
Palm and Pine Classes	Skipping Workshop AM	**Activity session led by the Silsoe Community Sports Centre 11.30AM – 12.20PM **Parents/carers welcome to attend – please go directly to the Sports Centre**	**Sports Day Events on school field 2.30 PM **Parents/carers welcome to attend. Access to the school site will be made available between 2.20 & 2.30pm via the playground gates	Activities within class focusing on the promotion of positive mental health.	Taekwondo taster session delivered by Luton Taekwondo AM **PE with Me! 2.30PM – 3:15PM **Parents/carers welcome to join in with some PE activities with their children on the school field. Access will be made available between 2.20 & 2.30pm via the playground gates

Pupils will need to wear appropriate PE kit all week (no sports team kits allowed) including suitable footwear.

As the weather can be very changeable, please plan appropriately for the conditions on the day - rain coat if it is showery, sun hat/sun cream if it is hot (sun cream must be applied at home) and plenty of water to drink. Can we remind parents/carers to ensure all items are named.

If events end close to the end of the school day we kindly ask that parents collect their children from their usual collection point – we will not be able to dismiss children home directly from any events or activities.

We are hoping for a dry and sunny week but if any events can not take place due to inclement weather we will try to move events to the following week.

Thank-you for your continued support and we look forward to seeing you there.

Miss Bishopp
Year 4/PE Lead
Silsoe VC Lower School

