

Curriculum Review Subject – Physical Education

Intent: what we want to achieve

Through our teaching and provision of Physical Education within the school we aim to enable children to learn about themselves, their capabilities their strengths and their limitations. Through our Physical Education curriculum and activity provision we aim to promote physical and mental health with the overall aim that every child should leave our school physically literate. Each child will get to experience a wide range of different sports opportunities and activities by the end of their time in school giving each child an opportunity to discover their talents. We strongly recognise and promote physical education and activity as a means to good health but equally we recognise its benefits for mental health, learning, and the development of social skills. We facilitate and promote healthy competition within school and physical activity is celebrated and promoted within our school community.

Implementation; how we will achieve this

- The PLT will oversee the development of physical activity/education in school.
- Each child Y1-Y4 will receive 2 hours timetabled Physical Education per week.
- Children attend school in their PE kit on their PE days. This minimises time spent changing and encourages physical activity during playtimes.
- The Physical Education curriculum plan is led by the national curriculum and seeks to ensure that each child is given opportunities to explore and develop their skills in a range of sports and activities during their time in school.
- All Physical Education lessons are structured to ensure coverage of skill acquisitions, use and application, knowledge and understanding.
- A range of different teaching methods are used in Physical Education.
- Lessons are planned and differentiated to meet the needs of all pupils including those with SEND.
- The school promotes active playtimes which are led and facilitated by a lead adult alongside Year 4 play leaders.
- The school is part of the Redborne Sports Partnership which provides the school with lots of opportunities. Staff are provided with high quality CPD delivered by expert coaches and opportunities to attend other Physical based training. Children benefit from their teachers being highly skilled as well as experiencing coaching from experts and the chance to attend inter-school festivals with other schools in the area.
- Achievements in Physical Education both inside and outside of school are celebrated within whole school worship, on the school website and on the Physical Education notice board.
- Lesson observations are completed throughout the year to monitor and evaluate Physical Education across the school.
- Where possible we seek to provide and signpost extra-curricular sports activities. This includes the good relationship we have established with our Community Sports Centre.

- The school is well equipped with high quality resources in order to provide opportunities for high quality Physical Education and activities.
- Physical activity is promoted within lessons through outdoor learning, active learning and activity breaks.
- The school will also take part in and promote health based initiatives such as Walk to School Week.

Impact: the intended outcomes of the Physical Education curriculum

- Pupils will leave the school physically literate. They will know how to keep healthy and safe as well as have developed age appropriate fine and gross motor control.
- Pupils will have experience of playing a range of different sports and taking part in different physical activities.
- All pupils will have had experience of competition in sport including at a personal level, intra-school and inter-school.
- Pupils will have experience in working as a team with a variety of different people.
- Pupils will develop skills in following rules.
- Pupils will understand the benefits of physical activity and leading a healthy lifestyle.
- Pupils will have developed skills in self and peer evaluation. They will be able to say what they are good at and what they might need to improve and how.
- Pupils will embrace new challenges, try new things and improve their resilience.
- Pupils will seek opportunities for sport and physical activity both within school and outside of school.