



PSHCE Policy

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Rationale

This policy has been written to ensure we are meeting the requirements of National Curriculum 2014, which includes a non-statutory framework for Personal, Social and Health Education (PSHE) and Citizenship at KS1 and 2, and incorporates SEAL materials.

What is PSHE?

PSHE encompasses all areas designed to promote children's personal, social and health development. It gives children the knowledge, skills and understanding that they need to stay healthy and safe, develop worthwhile relationships, respect differences, develop independence and responsibility and make the most of their own abilities and those of others. It is very closely linked with S.M.S.C., and encompasses our work within Citizenship, S.E.A.L. and National Healthy Schools Status.

What is Citizenship education?

Citizenship should be taught to prepare children to play an active role as members of a democratic society, to develop independence and responsibility, and to make informed choices about their own lifestyle. Some further modules of learning that are taught to support citizenship are financial capability (looking after my money taught in Key Stage 2) and Difference and Discrimination (taught in Key Stage 2).

What is S.E.A.L.?

SEAL is a teaching programme (Social and Emotional Aspects of Learning) which will help the children in their personal, social and emotional development. It will bring together work we have been teaching in our PSHE curriculum and each term we will teach a topic across the whole school. These topics will be:

- **New Beginnings- autumn term**
- **Getting on and Falling out- autumn term**
- **Going for Goals – spring term**
- **Good to be Me – spring term**
- **Relationships –summer term**
- **Changes – summer term**

There will also be another topic taught during the school year called **Say No to Bullying.**

SEAL will help children to develop self-awareness, motivation, social skills and managing their feelings. These skills will help our children to become better learners, get on better with other people and be responsible citizens. They are part of every area of life.

Aims

- To develop social skills and be able to work collaboratively with others
- To realise that their actions impact on others
- To take an active part in the life of their class and school and develop skills that will enable them to be able to play an effective part in society
- To develop an understanding of the democratic process
- To develop a positive self image
- To achieve positive motivation, personal enterprise and the aspiration to succeed
- To cope with change and transition
- To develop an understanding of right/wrong and fairness and use these principles to make reasoned choices
- To understand that everyone has qualities, rights and feelings and that these should be respected
- To respect and try to improve their environment
- To respect the property of others
- To understand that key elements of a healthy lifestyle
- To understand the principles of keeping safe

We want our children to develop self- awareness, positive self-esteem and confidence, enabling them to: -

- stay as healthy as possible
- keep themselves and others safe
- have worthwhile and fulfilling relationships
- respect the differences between people
- develop independence and responsibility
- play an active role as members of a democratic society
- make the most of their own abilities and those of others
- behave in a socially and morally acceptable way including towards authority and each other
- to become involved in the life of their community
- to know about democracy and how to be an active citizen
- to know about economic wellbeing

We want our children to: -

- value the achievements they make, and the achievements of others
- make informed choices about dealing with risks and meeting challenges now and in the future.
- decide on values by which they want to live their lives.

Our school curriculum and ethos promotes spiritual, moral, social and cultural development and prepares all pupils for the opportunities and responsibilities within their lives.

Implementation

Curriculum content

Our programme for PSHE and Citizenship encompasses SEAL materials for each year group with planning adapted to meet the needs of the children in those year groups. Aspects of PSHE and Citizenship will also be covered within other subject teaching, the science scheme of work and in special days and weeks. In the Foundation Stage, the same themes are taught each year and revisited regularly. In the summer term of year 4 a session on SRE is incorporated into the scheme of work. (See PSHCE scheme of work folder for details).

- PSHCE involves elements of work across the curriculum and within whole school collective worship. These links will be used to develop pupils' learning and understanding.
- Values Education forms part of our PSHCE Scheme of Work.
- PSHCE will be taught as a discrete subject with specific timetabled sessions that include SEALS work, circle time, discussion, group work, role-play, problem solving and reflection.
- When planning PSHCE topics teachers will use the same planning framework as with other subjects that highlight learning intentions.
- All members of staff will understand and support the need to act as good role models in the way they relate to each other, their pupils and visitors to the school.
- PSHCE sessions will support the implementation of our behaviour policy where individuals are encouraged to take personal responsibility to their behaviour choices.
- Where appropriate we will use external agencies such as the school nurse, the local police officer and the fire service to support and enhance our delivery of PSHCE.
- When teaching PSHCE all teachers take into account the targets set for the pupils in their Individual Provision Plans (IPP's).
- All pupils will experience the democratic process through the use of our school council and be given opportunities to influence the direction of their school. Our school council has a small budget.
- We will give older pupils specific responsibilities such the role of Playground Buddies and Play Leaders to develop their self-confidence and maturity.
- We will support charity appeals as a whole school and encourage pupils to be proactive in understanding their role as 'citizens of the world'.

Cross Curricular Links

Links are made with PSHE and Citizenship in other curriculum areas as appropriate e.g. R.E., P.E., science, geography and in topic planning. Also in whole school events such as Values Days, Science events and International schools days.

Assessment

Children's understanding, knowledge and skills are assessed through observation, discussion and questioning and participation in groups. There will be an annual written assessment based on National Curriculum end of Key Stage Statements, which will assess knowledge, skills or understanding across the whole school.

Children will be rewarded in line with school policy e.g. Values leaves for recognition in our weekly Celebration assembly.

Monitoring and Evaluation

The PSHCE subject leader is responsible for monitoring the operation of this policy. Progress is reported annually to the head teacher and the Curriculum and Pupils sub committee of the Governing Body. The Governing Body has an appointed link governor for PSHCE.

Equal Opportunities

All children have equal access to the PSHE and Citizenship curriculum and developmentally appropriate materials. Delivery will be differentiated appropriately. Resources are sensitive to the needs and backgrounds of the children and each child will have equal access to the PSHCE curriculum regardless of ability, gender or ethnicity.

Other Points of Reference

Behaviour Policy

Anti-Bullying Policy

SRE Policy

Drugs Education Policy