

Silsoe V.C. Lower School, Chestnut Avenue, Silsoe, Bedfordshire, MK45 4GP

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7th February 2023

Dear Parents and Carers,

After half term, the children in Year 4 will be learning all about teeth and digestion in our Science lessons. As a part of this unit, the children will learn about all the different types of teeth and how they have different functions for what we eat. The children will also learn how to keep their teeth healthy and prevent decay. We would like the children to use teeth disclosure tablets. These are used by dentists to show children and adults where the old and new plaque is on their teeth.

The children will brush their teeth in the classroom and then chew a tablet. Red staining on the teeth will show new plaque and blue staining on the teeth will show older plaque. The children will be able to see where they need to improve their brushing technique. Staff will be taking the disclosure tablets too!

Below is a list of ingredients from the tablets and a picture of the process.



We would love all the children to take part as it is a great learning experience and should be fun too. The children will need to bring in their toothbrush in a small plastic bag/sandwich bag on **Thursday 9th March.** We will provide the toothpaste.

We will need permission from you before we undertake this activity. We would be very grateful if you could complete the Scopay consent named 'Year 4 Oral Health Session' to let us know if you would like your child to take part. Please complete this permission form by **Friday 3rd March.**

Yours sincerely,

Mrs McCarthy Oak Class Teacher Silsoe VC Lower School

